



STEP-BY-STEP GUIDE

The step by step procedure will be something like this...

- ✓ You see a Veneztetics advert or the website or attend one of our parties and contact us via phone or e-mail to make an appointment to come for your consultation.
- ✓ When you come in for your consultation we will discuss the surgery/cosmetic procedure you want in full detail including all the methods of surgery available and the risks involved. You will be asked about your medical history and will have to fill out a medical questionnaire and we will take photographs of the body part you want to change and send the photos over to the surgeons in Venezuela.
- ✓ When you decide to go ahead we will ask for the payment and a date will then be arranged where you will fly to Venezuela in a small group.
- ✓ On the day of departure from London to Venezuela one of the Veneztetics team meet your group at the airport. The plane journey is around 10 hours including a change over in Miami or a European country such as France or Spain, as unfortunately there is no direct flight from London to Venezuela. In Venezuela, one of the Veneztetics team will meet you at the airport and accompany you to your hotel.
- ✓ The day after you arrive you will be taken to get your blood and cardiology tests in the morning and in the afternoon you will meet the surgeon. A definite date, soon after, will be finalized for the operation. If you are not fit to be operated on a return flight can be organised for you and we will not take any payment for the surgery you requested, only for the flights. This would only happen if you had a weak heart or you failed the blood test – the Venezuelan doctors will not operate unless they see the results of these tests and will not go ahead if they don't think you are fit enough.
- ✓ On the day of the operation you will be taken into the clinic and will be looked at again by the surgeon. Then the operation will take place. One night in hospital is recommended after a major surgery.
- ✓ You will spend the night at the clinic with 24 hour medical supervision.
- ✓ The next day you go back to the hotel and recover with the help of a nurse who is there to assist the group.
- ✓ A few days later you will see the doctor for a check-up and maybe have your stitches out depending on what is done.
- ✓ A final follow-up consultation with the surgeon will also be arranged.

You then relax in Valencia for the rest of your holiday. Recovery depends on which procedure you are having done. You would usually only need about 10 day's recovery in Venezuela after a breast augmentation or nose job. However, with the face lift, tummy tuck and gastric bypass usually about 2 and a half - 3 weeks are recommended. While you are there, if you feel up to it you can visit the beaches and enjoy the nightlife in the town, or you can just relax at the hotel.

If you have had a major surgery and you just want to get some post operative massages or Botox or Laser hair removal this would be the week to do it.

At the end of your holiday and recovery period you are picked up from your hotel and escorted to the airport for the return flight.

If you have any problems in England we have a medical doctor, based in London, who will attend to you.

The packages are highly organised and you don't have to think about anything, the Veneztetics team will look after you every step of the way.